



Meditations to Heal Your Life

Louise L. Hay, Jill Kramer

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Meditations to Heal Your Life Louise L. Hay, Jill Kramer

Louise shares her philosophy of life on a multitude of subjects from addictions to fears to spiritual laws, and everything in between. Her loving insights will enrich you body, mind, and soul, while giving you practical knowledge to apply to your day-to-day life.

An excerpt from *Meditations to Heal Your Life*:

"The gateways to wisdom and learning are always open, and more and more I am choosing to walk through them. Barriers, blocks, obstacles, and problems are personal teachers giving me the opportunity to move out of the past and into the Totality of Possibilities. As my mind can conceive of more good, the barriers and blocks dissolve. My life becomes full of little miracles popping up out of the blue."—Louise L. Hay

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