



How Carrots Won the Trojan War: Curious (but True) Stories of Common Vegetables

Rebecca Rupp

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How Carrots Won the Trojan War is a delightful collection of little-known stories about the origins, legends, and historical significance of 23 of the world's most popular vegetables. Curious cooks, gardeners, and casual readers alike will be fascinated by these far-fetched tales of their favorite foods' pasts. Readers will discover why Roman gladiators were massaged with onion juice before battle, how celery contributed to Casanova's conquests, how peas almost poisoned General Washington, and why some seventeenth-century turnips were considered degenerate.

How Carrots Won the Trojan War is the perfect book for vegetable gardeners, foodies, and anyone else interested in the secret stories behind a salad.

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