



Practicum in Adapted Physical Activity

Claudia Emes, Beth Velde

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No other workbook will help students learn more, remember more, and take more from their experience than *Practicum in Adapted Physical Activity*.

Whether students' practica are in adapted physical activity, adapted physical education, therapeutic recreation, general special education, or any program that includes people with disabilities, this workbook will help them prepare for their experience and evaluate it through journal writing, self-assessment, and critical reflective thinking. The book will help ground them in an abilities-based approach to adapted physical activity. And, ultimately, it will enhance their success in their budding careers.

Practicum in Adapted Physical Activity provides students with these opportunities:

- Experience and respond to a variety of settings and challenges when working with people with disabilities
- Process and assimilate their practicum experience and hone their critical-thinking and problem-solving skills
- Evaluate their performances as teachers and leaders and their approaches to working with people with disabilities
- Prepare for job hunting through portfolio-building experiences while sharpening their teaching and leading skills
- Create a reflective journal of their personal learning experiences during the practicum

This hands-on workbook, through the use of its real-life scenarios, self-evaluation checklists, handy tips, and reflective journaling exercises, leads students toward a greater understanding of the structure and purposes of a variety of experiences in practica. It helps them plan strategies for improved field performance, enhances the relationship with their mentor-teachers and leaders, and provides a variety of ways to reflect on the practicum experience and record insights for future reference. It also offers professional portfolio-building tools, assisting students in job hunting. In doing all this, it prepares students to be effective field professionals.

Part I prepares students for their practicum as they learn about service delivery and the tools and strategies to make the practicum successful. It also explores motivational aspects and inclusive teaming.

Part II focuses on different types of practicum supervision, various learning styles, and assessment tools. In **Part III**, students learn how to evaluate their experiences, reviewing their competencies, evaluating their programs, and taking with them lessons learned as they leave their practica. The exercises in each chapter help them explore and retain the salient information from their practica.

Practicum in Adapted Physical Activity can be used in conjunction with a variety of textbooks, or it can stand alone alongside a practicum experience. This workbook helps students apply the principles they learn, promotes their development as practitioners, and helps them make the most of their practicum experience—all while they prepare for professional employment.

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From reader reviews:

Susannah Williams:

This Practicum in Adapted Physical Activity usually are reliable for you who want to be considered a successful person, why. The explanation of this Practicum in Adapted Physical Activity can be one of many great books you must have will be giving you more than just simple examining food but feed a person with information that perhaps will shock your before knowledge. This book is actually handy, you can bring it all over the place and whenever your conditions throughout the e-book and printed ones. Beside that this Practicum in Adapted Physical Activity giving you an enormous of experience including rich vocabulary, giving you demo of critical thinking that we all know it useful in your day pastime. So , let's have it and luxuriate in reading.

Charles Smith:

Reading a reserve tends to be new life style within this era globalization. With reading you can get a lot of information that may give you benefit in your life. Having book everyone in this world could share their idea. Guides can also inspire a lot of people. Plenty of author can inspire their particular reader with their story or even their experience. Not only the storyplot that share in the textbooks. But also they write about the data about something that you need instance. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book that you can get now. The authors nowadays always try to improve their skill in writing, they also doing some investigation before they write on their book. One of them is this Practicum in Adapted Physical Activity.

Barbara Davis:

Spent a free time for you to be fun activity to accomplish! A lot of people spent their leisure time with their family, or all their friends. Usually they undertaking activity like watching television, about to beach, or picnic inside park. They actually doing same every week. Do you feel it? Would you like to something different to fill your own personal free time/ holiday? Could possibly be reading a book might be option to fill your free time/ holiday. The first thing that you ask may be what kinds of book that you should read. If you want to try out look for book, may be the publication untitled Practicum in Adapted Physical Activity can be excellent book to read. May be it might be best activity to you.

Thomas Schwan:

In this time globalization it is important to someone to acquire information. The information will make anyone to understand the condition of the world. The healthiness of the world makes the information easier to share. You can find a lot of recommendations to get information example: internet, magazine, book, and soon. You will see that now, a lot of publisher that print many kinds of book. Typically the book that recommended to you is Practicum in Adapted Physical Activity this e-book consist a lot of the information with the condition of this world now. This kind of book was represented just how can the world has grown up. The words styles that writer use to explain it is easy to understand. The actual writer made some

exploration when he makes this book. This is why this book suited all of you.

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