

ACSM's Resources for Clinical Exercise Physiology: Musculoskeletal, Neuromuscular, Neoplastic, Immunologic and Hematologic Conditions (Acsms Resources for the Clinical Exercise Physiology)

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This Second Edition is designed to provide a resource for exercise clinicians working with patients suffering from a wide variety of chronic diseases and disabilities beyond cardiovascular and pulmonary disease, including orthopedic, neurologic, metabolic, musculoskeletal, neoplastic, and immunodeficiency conditions. Following the authors' expert advice and illustrative case studies, readers will learn how to work with these often underserved populations by providing them with exercise evaluation, prescription, supervision, education, and outcome evaluation. Each chapter, dedicated to a specific disease or disorder, gives a solid understanding of epidemiology, pathophysiology, diagnosis, and medical and surgical treatments.

A companion Website will offer the fully searchable text and interactive quizzes.



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