



Physical Education for Children: Daily Lesson Plans

Jerry R. Thomas, Amelia M. Lee, Katherine T. Thomas

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This is part of a package which also includes "Physical Education for Children - Concepts into Practice". "Daily Lesson Plans" puts the information in "Concepts into Practice" to work. This practical resource provides teachers with lesson plans for every day of the school year. Activities are built into the 376 lesson plans in a ready-to-use format. The notebook is divided into four developmental levels - A) ages five to six, B) ages seven to eight, C) ages nine to ten, D) ages 11 to 13. Each of the four levels are subdivided into four activity areas: fitness, games and sports, rhythmic activities, gymnastics. The lesson format is easy to use and contains learning objectives, safety tips, and teaching cues and directions. Teachers should also appreciate the many illustrations and resources such as rainy day classroom plans, equipment lists and plans, and evaluation instruments.

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