



# Handbook of Pediatric and Adolescent Obesity Treatment

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# Handbook of Pediatric and Adolescent Obesity Treatment

## Handbook of Pediatric and Adolescent Obesity Treatment

This volume brings together behavioral, medical, and public health approaches and provides the knowledge necessary for a wide range of practitioners to effectively address the current obesity epidemic among children and adolescents. The book addresses several themes in pediatric and adolescent obesity. Experts in the field discuss the prevalence, etiology, and sequelae of pediatric and adolescent obesity, as well as the medical and behavioral assessment of the overweight child, adolescent, and family. The book offers a comprehensive understanding of the wide range of approaches to pediatric and adolescent obesity treatment, in order to promote an individualized approach that will best fit the patient and family.

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