



## **Jung and Moreno: Essays on the theatre of human nature**

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# Jung and Moreno: Essays on the theatre of human nature

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To many, Jung and Moreno seem to be on opposite sides in their theories and their practices of psychotherapy. Jung defines self as emerging inwardly in an intrapsychic process of individuation; Moreno defines self as enacted outwardly in psychosocial networks of relationships. *Jung and Moreno: Essays on the theatre of human nature* shows how Jung and Moreno can be creatively combined to understand better and facilitate therapeutic work.

Craig E. Stephenson and contributors write about how and why they put together Jung and Moreno. They describe and discuss psychodrama sessions grounded in the fundamentals of Jung's analytical psychology, as well as dream and fairy tale enactments and individual psychoanalytical sessions in which they employ psychodramatic techniques. The essays retheorize Jungian concepts of transference and complexes in the light of Moreno's insights. They reframe and deepen traditional psychodramatic techniques by securing them within Jung's archetypal context.

Jung and Moreno challenges our understanding of healing practices and the integration of spontaneous unconscious processes, bringing these two ground breaking practitioners to meet collaboratively in the theatre of human nature. The contributions are original and insightful arguments by nine important thinkers. This book will be of interest to psychotherapists, analytical psychologists, psychoanalysts, psychodrama practitioners, drama therapists and students.

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