

# The Official Ahimsa Dog Training Manual: A Practical, Force-Free Guide to Problem Solving and Manners

Grisha Stewart

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**Ahimsa /uh-HIM-sah** / n. a Buddhist doctrine of non-violence. Add in a fun, modern, scientific approach and you've got a great way to train your dog! Newly updated with information on BAT 2.0 for dog reactivity.

**Dog Lovers:** Learn to solve and prevent a variety of problems, including barking, fear, puppy socialization, housetraining, aggression, fear, separation anxiety, and pulling on leash.

**Pro Trainers:** Get more ways to teach skills and solve problems. Save time on write-ups by using this book as an in-home reference for your clients.

**Breeders and veterinarians:** Send puppies home with this book to start them off on the right paw.

#### **REVIEWS!**

Of the thousands of dog training books out there, it's rare finding one that has something new to say or presents the science of positive training in a unique and meaningful way. Grisha's new book, the Ahimsa Dog Training Manual, does just that. Clear, concise, informative and extremely user-friendly, this book deserves a prominent place on every trainer's bookshelf.

#### -Paul Owens

Best-selling author of "The Dog Whisperer; A Compassionate, Nonviolent Approach to Dog Training" (Adams Media, 1999) and "The Puppy Whisperer A Compassionate, Nonviolent Guide to Early Training and Care" (Adams Media, 2007)

This is it! This is the easy-to-read, concise handbook that every responsible dog owner will want to read. This manual spells out practical, step-by-step training solutions while educating the reader on the science behind the theory. Grisha is the leading authority on Behavior Adjustment Training, and shares her unique method of bringing about change in a positive, force-free, and fear-free environment. This book also shows us a way to teach loose-leash walking that is free from frustration and maps a clear strategy for us to follow.

#### -Kyra Sundance

Renowned Stunt Dog Performer and author of best seller "101 Dog Tricks"

This book is a great resource for anyone interesting in understanding, or increasing their understanding of low stress, force-free handling and training techniques. Pet owners will find it a useful primer for developing a positive and trusting relationship with their dog. If there's something you want your dog to do, or stop doing there's a good chance this book addresses it.

#### -Debbie Jacobs CPDT-KA, CAP2

Author of "A Guide To Living With & Training A Fearful Dog"

GREAT resource for puppy buyers! It gives the basics for everything a dog needs to learn in easy-tounderstand terms.

- Michel Berner



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#### **Kirsten Ferguson:**

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