



Think Like a Shrink: 100 Principles for Seeing Deeply into Yourself and Others

Dr. Emanuel Rosen

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Think Like a Shrink: 100 Principles for Seeing Deeply into Yourself and Others Dr. Emanuel Rosen **A Companion for the Uncouched**

Based on a highly regarded article in *Psychology Today* that has been reprinted worldwide, *Think Like a Shrink* is a personality primer that refines years of psychiatric training into 100 principles. Here you will quickly learn to understand what motivates your boss, your spouse, your parents -- and yourself. Incorporating the most basic fundamentals that drive the human personality, these principles are short, clear, and simple, but not simplistic. They include enlightening observations and real eye-openers, such as:

- Some people never forgive a favor.
- In any marriage, there can only be one number one.
- Too much love may mean hate; too much hate may mean love.
- Successful neuroses help people fail.
- Electra and Oedipus keep psychiatrists in business.

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