



Chew on Things - It Helps You Think: Words of Wisdom from a Worried Canine

Dr Iris Bell

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Casey was a great dog. He was great because he was unabashedly himself. A real character. And when someone has the courage to just be who he is, the lessons of life seem to emanate from him in even the simplest of his actions. Dr. Iris Bell, a psychiatrist and Casey's "mom," has recorded in delightful images and concise words her beloved friend's innocent wisdom and wonderful worrywart wit. She couples these with insightful quotes from the world's greatest thinkers who discovered through their own process of living and observing life what Casey just naturally knew. When you need a little chuckle, a boost in your day, a point in the right direction, or a reminder of how someone can love and appreciate someone else, the award-winning Chew on Things- It Helps You Think is just what the doctor ordered. Chew on Things is the recipient of the Young Voices Foundation Award for inspirational books.

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