



Heartburn Cured: The Low Carb Miracle

Norm Robillard

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The Real Cause of Heartburn, LPR, Bloating and other symptoms of Acid Reflux and GERD revealed.

Mark Sisson, author of the #1 bestselling health book on Amazon.com - The Primal Blueprint:

"Robillard's theory provides the most sound explanation for the growing incidence of GERD in Western society. If you have GERD, I d encourage you to read the entire book."

Chris Kresser, health and wellness blogger and author: *"In his excellent book, Heartburn Cured, microbiologist Dr. Norm Robillard argues that carbohydrate malabsorption leads to bacterial overgrowth, resulting in intragastric pressure which drives reflux."*

Michael R. Eades, M.D., co-author of the New York Times best seller - Protein Power: *"Norm Robillard is the microbiologist and he himself has been a GERD sufferer for years... His theory makes perfect sense, and now that I understand it, I buy into it 100 percent."*

Norm Robillard, Ph.D., Founder of Digestive Health Institute, is a microbiologist who was the FIRST to propose a novel root cause of GERD based on how diet affects bacteria in our gut. Scientists, physicians and health advocacy groups endorse his approach.

Over 50 years of dogma held in the medical establishment explains that certain (trigger) foods relax or weaken the LES muscles and trigger reflux. This idea does not fit the facts. Heartburn Cured provides overwhelming evidence that GERD is ultimately caused by repeated cycles of carbohydrate malabsorption and Small Intestinal Bacterial Overgrowth (SIBO).

This book explains how the author s personal journey and expertise came together to reveal how SIBO causes GERD. By understanding the true root cause of GERD, this condition can be treated by diet alone without drugs. The diet offers a variety of delicious foods including fruits, vegetables, fish, meats and healthy fats that will allow you to gain control of heartburn and other GERD symptoms in as little as two days.

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From reader reviews:

Louise Rosenbaum:

This Heartburn Cured: The Low Carb Miracle book is simply not ordinary book, you have it then the world is in your hands. The benefit you have by reading this book is information inside this publication incredible fresh, you will get info which is getting deeper a person read a lot of information you will get. This specific Heartburn Cured: The Low Carb Miracle without we understand teach the one who reading it become critical in considering and analyzing. Don't end up being worry Heartburn Cured: The Low Carb Miracle can bring when you are and not make your case space or bookshelves' turn into full because you can have it in the lovely laptop even cell phone. This Heartburn Cured: The Low Carb Miracle having very good arrangement in word along with layout, so you will not truly feel uninterested in reading.

Mandi Rice:

The actual book Heartburn Cured: The Low Carb Miracle has a lot of knowledge on it. So when you read this book you can get a lot of benefit. The book was published by the very famous author. Mcdougal makes some research ahead of write this book. This specific book very easy to read you can obtain the point easily after reading this book.

Margaret Velasquez:

Playing with family in a very park, coming to see the coastal world or hanging out with good friends is thing that usually you may have done when you have spare time, after that why you don't try point that really opposite from that. One activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love Heartburn Cured: The Low Carb Miracle, it is possible to enjoy both. It is fine combination right, you still desire to miss it? What kind of hangout type is it? Oh can occur its mind hangout folks. What? Still don't obtain it, oh come on its known as reading friends.

Deanna Jackson:

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