



Single Dose: Finding Peace, Fulfillment, and Contentment Being Single

April Harding

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"For years I have met so many divorced singles whose lives are stagnant because they are still holding on to the past. They refuse to let go of what has happened. Others are just waiting for the next person to come along in hope that life will get better for them. They've put their lives on hold, hoping to find Mr. or Ms. Right. I wrote Single Dose to help singles everywhere move past a static position in life and on to finding how sweet life can be

Single Dose provides practical and candid advice to show singles how to enjoy life."

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