



Phobic and Anxiety Disorders in Children and Adolescents: A Clinician's Guide to Effective Psychosocial and Pharmacological Interventions

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This comprehensive, interdisciplinary guidebook is designed for the mental health practitioner seeking to utilize proven and effective interventions with children and adolescents suffering from significant anxiety and phobic disorders. Each chapter is co-authored by a clinical child psychologist and a child psychiatrist, framing the volume's unique and balanced perspective. In addition, each chapter presents state-of-the-art assessment and treatment strategies for a panoply of phobic and anxiety disorders, including both psychosocial and pharmacological interventions. Moreover, the volume addresses important conceptual, epidemiological, and ethical issues in working with children and adolescents.

All in all, this guide will help address the wide chasm between clinical research and clinical practice, uniting the forces intrinsic to child psychiatry and clinical child psychology.

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