



# Gnosis for 2012 Onward: The Ancient Atlantean Meditation (Volume III)

*Lewis E. Graham*

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## **Gnosis for 2012 Onward: The Ancient Atlantean Meditation (Volume III)** Lewis E. Graham

Newly updated Third Edition. This is volume three of a three-volume set. It summarizes the vast story while providing a potent self-transformational tool for the ongoing decades after December 2012. In particular, a powerful meditation has been known in secretive groups since ancient times. It was based on the first three letters of the nearly-lost, Atlantean alphabet of three-dimensional symbols. The fascinating backstory is richly explained in Volumes I and II. Volume III provides full details after concisely summarizing the two preceding works. (Nevertheless, readers are encouraged to delve into I and II for a fuller picture that enables them to better savour this succinct summary.) The open-eyed, Atlantean-derived meditation was a core practice among initiates in the Italian School of Ancient World Mysteries founded by the Greek philosopher Pythagoras. Indeed, Pythagoras was the first known esoteric teacher to call himself a philosopher, which means 'lover of wisdom.' Volume III presents specifics of the ancient Atlantean meditation, including what it is and how to use it during a daily 15-minute daily session. The text also presents two powerful visualizations from the Huna tradition that survived in Hawaii. These optional bonuses are, in essence, spiritual manifestation tools rooted in an awareness of the secrets of effective prayer. If adopted, the eyes-closed Huna techniques are recommended for use in the calm, centred state one enjoys post-meditation. In addition, readers are referred to a custom-engineered, 15-minute instrumental album of three sound tracks to be used with stereo headphones for meditation session timing. The MP3-formatted timing program is entitled: "The Ancient Atlantean Meditation". And it can be downloaded from various online music sites. These sources include iTunes, AmazonMP3, Rhapsody, eMusic, Spotify, Zune, Medianet, iHeartRadio, & Google Play. The sound program is a recommended complement for the meditation that is described and provided in Volume III. Finally, readers should be aware that the life-changing tools presented in Volume III are only for the strongest and most determined individuals. Very few people have the willpower to persist as amazing, inner changes build. Dedicated adherence to this daily meditation will lead to astonishing self-transformation. The process unleashes the unique, inner genius—which exists within each and every person. And it will allow your own light to shine brightly regardless of any dark days ahead. Are you ready to choose such a path?

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