

## Get What You Want!: Workbook to Reactivate Your Passion for Life, Find Your Purpose and Achieve Your Dreams

Kenneth West

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#### Get What You Want!: Workbook to Reactivate Your Passion for Life, Find Your Purpose and **Achieve Your Dreams** Kenneth West

Get What You Want! is a book about YOU. In this practical workbook you are presented with a powerful process to identify and achieve your dreams for the future. It's for anyone who refuses to be a victim of their circumstances, whether it's a recession, a bad job market, or a seeming lack of opportunity. Here are just some of the potential benefits to you: A 7-Step formula to get what you want... How to avoid getting what you DON'T want... Finding a renewable power source within yourself... 10 ways to escape from negative situations... How 20-minutes can change your life... How to transform your "daily grind" from drudgery to achievement... Get What You Want! has more than 50 insightful questions to help you: Reactivate your passion; Get your dreams in sharp focus; Find your purpose; Identify your most important goals; Create a daily action plan to get what you want; and Avoid negativity traps and time wasters. Get What You Want! is the first in a series of Better Grip Guides to help you achieve a more satisfying and productive life. No gimmicks; just practical steps. It's like writing a business plan for the rest of your life.



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