



Five Star Mind: Games & Puzzles to Stimulate Your Creativity & Imagination

Tom Wujec

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Following the extraordinary international success of Tom Wujec's first book, *Pumping Ions*, *Five Star Mind* teaches you to unlock and expand the creative potential you already possess -- although you might not know it -- and develop it to give you confidence and skills that will enhance your work and your life.

Using puzzles, tips, thought association, relaxation techniques, games of "What If," and constant questioning, Tom Wujec cajoles you into realizing your inherent power for creative thought and expression. In addition to helping you discover your innate abilities, Wujec shows you innumerable ways to apply your new ideas and creativity to work, to everyday life, or to just having fun. With *Five Star Mind*, you participate in the creative process, develop your inventiveness and imagination, and enhance skills that will have you cooking up five-star ideas of your own!

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