



¿Por qué las cebras no tienen úlcera? / Why zebras don't get ulcers?: La guía del estrés / The Acclaimed Guide to Stress-Related Diseases, and Coping (Alianza Ensayo) (Spanish Edition)

Robert M. Sapolsky

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Gracias a los avances en la medicina y en la sanidad pública, nuestros patrones de enfermedad han cambiado. Actualmente padecemos enfermedades distintas y tenemos más probabilidades de morir de forma diferente que la mayor parte de nuestros antepasados. Lo que nos preocupa y nos quita el sueño es otro tipo de enfermedades.

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