



Moderating Severe Personality Disorders: A Personalized Psychotherapy Approach

Theodore Millon, Seth Grossman

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A revolutionary, personalized psychotherapy approach for the treatment of Axis II personality disorders, by renowned expert Dr. Theodore Millon

Acknowledging the primacy of the whole person, *Moderating Severe Personality Disorders: A Personalized Psychotherapy Approach* takes into account all of the complexities of human nature - family influences, culture, neurobiological processes, unconscious memories, and so on--illustrating that no part of human nature should lie outside the scope of a clinician's regard.

Part of a three book series, this book provides you with a unique combination of conceptual background and step-by-step practical advice to guide your treatment of Axis II personality disorders.

Detailed case studies are provided throughout the text to illustrate the strategies of personalized psychotherapy for:

- Retiring/Schizoid Personality Patterns
- Shy/Avoidant Personality Patterns
- Pessimistic/Depressive Personality Patterns
- Aggrieved/Masochistic Personality Patterns
- Eccentric/Schizotypal Personality Patterns
- Capricious/Borderline Personality Patterns

Destined to become an essential reference for trainees and professionals, this book makes a revolutionary call to return therapy to the natural reality of each patient's life, seamlessly guiding you in understanding the personality and treatment of the whole, unique, yet complex person.

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Karen Shiner:

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