



# **Masters of the Mind: Exploring the Story of Mental Illness from Ancient Times to the New Millennium**

*Theodore Millon*

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## **Masters of the Mind: Exploring the Story of Mental Illness from Ancient Times to the New Millennium** Theodore Millon

The compelling story of the quest to understand the human mind - and its diseases

This engaging presentation of our evolving understanding of the human mind and the meaning of mental illness asks the questions that have fascinated philosophers, researchers, clinicians, and ordinary persons for millennia: What causes human behavior? What processes underlie personal functioning and psychopathology, and what methods work best to alleviate disorders of the mind? Written by Theodore Millon, a leading researcher in personality theory and psychopathology, it features dozens of illuminating profiles of famous clinicians and philosophers.

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