



Awaken the Inner Shaman: A Guide to the Power Path of the Heart

Jose Stevens

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Within you is a greater, wiser self that is not bound by your fears, worries, or perceived limitations. Dr. José Luis Stevens calls this the Inner Shaman-the part of you that connects directly to the true source of the universe. "The shamans of every tradition know that the physical world we can see and touch is a mere shadow of the true spirit world," writes Dr. Stevens. With *Awaken the Inner Shaman*, he presents a direct and practical path for opening our eyes to the greater spiritual dimensions-and stepping into the power and responsibility we possess to shape our reality. In this rousing and provocative book, he invites readers to discover:

- . What is the Inner Shaman? How an understanding of our deeper spiritual potential shows up in every mystical tradition
- . Seeing through the heart-why the heart offers us the most immediate path for accessing the Inner Shaman
- . The Inner Shaman in action-how to stop living from the egoic mind and put your true essence in charge
- . Eight tools to strengthen your connection to the Inner Shaman, and much more

Humanity has become enthralled by the Siren's song of technological progress, which has tempted us away from the spiritual source that truly sustains us. In *Awaken the Inner Shaman*, Dr. José Stevens challenges readers reclaim our lost power to heal, see truly, and fulfill our purpose in life. As Dr. Stevens writes: "The Inner Shaman, suppressed and ignored for centuries, can be discovered in the most obvious place possible-within your very own heart."

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